

VIRTUAL WORKSHOP

Gut Health for Healing

#2 of the Four-Session Nutrition Series

With Atifah Osman, RD



Date: Wednesday, May 18

Time: 12:00 – 1:00 pm

Location: Online (Zoom)

Cost: No Cost

RSVP: www.cancersupportvvsb.org
programs@cancersupportvvsb.org
or calling 805.379.4777

In this second workshop of our four-session series, we will discuss that your immune system starts in the gut and we will discover the impact that gut health could have on your cancer trajectory. We will also explore the path to better gut health. Description and registration for each session will be posted on the monthly program calendar on the CSCVVSb website.

About our presenter:

Atifah Osman is a Registered Dietitian and Holistic Cancer Support Nutritionist with a passion to bring nutrition information to cancer patients. Her work includes helping cancer patients improve treatment outcomes with diet and lifestyle, decrease treatment symptoms with nutrition, and prevent cancer recurrence. Her philosophy holds that medicine WITH nutrition will always equal better cancer outcomes.