

Calendar of Events **WESTLAKE VILLAGE – March 2019**

Free EDUCATIONAL WORKSHOPS & SPECIAL EVENTS

Our events are OPEN to the PUBLIC unless indicated “for people with cancer only”. Please RSVP 805.379.4777 or info@cancersupportvwsb.org or www.cancersupportvwsb.org unless indicated otherwise.

Merv’s Comedy Night with Jason Love & Special Guests

Monday, March 11th, 7:00pm-8:00pm

Laugh the night away as professional stand-up comedians entertain you and your friends.

Let’s Talk: End of Life Issues (3-Day Workshop Series)

Film Workshop: Consider the Conversation with Dr. Lanyard K. Dial

Tuesday, March 12th, 6:30pm-8:00pm

We will show, *Consider the Conversation*, a film “that intimately explores the American struggle with communication and preparation for end of life.” Discussion follows the film viewing.

5 Wishes Workshop with Teri Helton RN, MSN, FCN

Tuesday, March 19th, 6:30pm-8:00pm

Come learn about documents that help you share end-of-life choices in a way that may be helpful for your family and those you love.

Respite/Palliative Care vs. Hospice Care with Teri Helton RN, MSN, FCN

Tuesday, March 26th, 6:30pm-8:00pm

Learn how and when to make decisions about choosing home health, palliative care or hospice care and what the differences are between them.

Cancer and Sexual Pharmacology (MALE ONLY) with Jackson Sousa MFT, LMFT, CSAT-S, CATC-IV, AASECT Certified Sex Therapist (CST)

Wednesday, March 20th, 6:00pm-7:30pm

Learn how cancer and sexual function are related in this MALE ONLY workshop with Jackson Sousa, a certified sex therapist.

Daniel’s Day of Magic

Sunday, March 24th, 12:00pm-2:00pm

Please join us for a Magical Afternoon! A magician will dazzle and delight you with his magical abilities.

MARCH 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
10	11 Merv’s Comedy Night 7:00pm-8:00pm	12 Let’s Talk About End of Life Issues #1 “Consider the Conversation” viewing 6:30pm-8:00pm	13	14	15	16
17	18	19 Let’s Talk About End of Life Issues #2 5 Wishes Workshop 6:30pm-8:00pm	20 Sexual Pharmacology and Cancer (MALE ONLY) 6:00pm-7:30pm	21	22	23
24 Daniel’s Day of Magic 12:00pm-2:00pm	25	26 Let’s Talk About End of Life Issues #3 Respite/Palliative Care vs. Hospice Care 6:30pm-8:00pm	27	28	29	30

Cancer Support Community Valley Ventura Santa Barbara

530 Hampshire Rd. Westlake Village, CA 91361 | 805.379.4777



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Orientation Meetings Tuesday 7:00pm & Friday 10:00am

First step for utilizing CSC's programs. No RSVP is necessary. Just come!

Support Groups for People with Cancer

An orientation attendance & a brief interview are required prior to starting a support group EXCEPT for drop-in Group.

Please call 805.379.4777 to schedule an interview.

Support Groups for Family/Friends

An orientation attendance & a brief interview are required prior to starting a support group EXCEPT for drop-in Group.

Please call 805.379.4777 to schedule an interview.

Networking Groups for People with Cancer & Family/Friends

For people with cancer AND families & friends. Orientation attendance is encouraged. No interview is necessary.

Mind/Body Classes

Please first REGISTER before attending classes. Orientation attendance is encouraged. No interview is necessary.

Kids & Family Program

Please call 805.379.4777 for more information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Networking Group</u> HEREDITARY BREAST, OVARIAN and RELATED CANCERS SUPPORT MEETING for Survivors and Preivors (4 Sundays/year) 10:30am-2:00pm Next Meeting on 6/2 For details, contact Amy Yoffe 818.439.4560 amy@facingourrisk.org</p>	<p><u>Support Group for People w/ Cancer</u> BREAST CANCER* STAGES III-IV 11:30am-1:00pm BREAST CANCER* STAGES 0-II 5:00pm-6:30pm <u>Mind/Body WALKING</u> 9:30am-10:30am Call Marilyn Way 818.404.3029 GENTLE YOGA 9:45am-11:00am ZUMBA 11:15am-12:15pm</p>	<p><u>Orientation Meeting</u> 7:00pm-8:00pm <u>Support Group for People w/ Cancer</u> ALL CANCER* 10:00am-11:30am ALL CANCER* 6:30pm-8:00pm <u>Support Group for Family/Friends</u> FAMILY/FRIENDS* 6:30pm-8:00pm <u>Mind/Body Class</u> GENTLE YOGA 10:00am-11:00am WATERCOLOR (2nd & 4th Tuesday) 1:00pm-3:00pm No Class on 3/26 "KNOTTY KNITTERS" 1:30pm-3:30pm <u>Kids & Family</u> KIDS & TEENS CIRCLE 4:00pm-5:30pm</p>	<p><u>Support Group for People w/ Cancer</u> ALL CANCER* 6:30pm-8:00pm PROSTATE CANCER (2nd & 4th Wednesday) 6:30pm-8:00pm <u>Support Group for Family/Friends</u> FAMILY/FRIENDS* 6:30pm-8:00pm <u>Mind/Body Class</u> WALKING 9:00am-10:00am Call Marilyn Way 818.404.3029 ZUMBA 10:30am-11:15am GENTLE YOGA 4:30pm-5:30pm</p>	<p><u>Support Group for People w/ Cancer</u> ALL CANCER* 10:00am-11:30am YOUNG ADULT* (2nd & 4th Thursday) 7:00pm-8:30pm <u>Support Group for Family/Friends</u> DROP-IN FAMILY/FRIENDS 10:00am-11:30am BEREAVEMENT 6:30pm-8:00pm <u>Networking Groups</u> BRAIN CANCER (1st Thursday) 6:30pm-8:30pm AFTER BREAST CANCER (2nd Thursday) 7:00pm-9:00pm For details, call Sue 805.750.4655 <u>Mind/Body Class</u> REIKI (2nd Thursday) 12:00pm-3:00pm GENTLE YOGA 4:30pm-5:30pm GENTLE YOGA (Except 1st Thursday) 6:00pm-7:00pm</p>	<p><u>Orientation Meeting</u> 10:00am-11:00am <u>Networking Group</u> PARENTS of CHILDREN with PEDIATRIC CANCER (1st Friday) 10:00am-11:00am First, call 805.379.4777 to register GYNECOLOGICAL CANCER (1st & 3rd Friday) 11:00am-12:00pm First, call 805.379.4777 to register <u>Mind/Body Class</u> GENTLE YOGA 10:30am-11:30am GUIDED IMAGERY 12:00pm-1:00pm</p>	<p><u>Networking Group</u> MULTIPLE MYELOMA (2nd Saturday) 11:00am-1:00pm For details, westlakemyeloma@yahoo.com PROSTATE CANCER (3rd Saturday) 10:30am-12:30pm</p>
<div style="border: 1px solid black; padding: 10px;"> <p>Support Groups An orientation meeting and a brief interview are required prior to attending a support group with *.</p> </div>						