

dear cancer,  
it's me

## High School Essay Contest

Are you a cancer survivor?  
Have you helped a family  
member or friend deal  
with cancer?

## Share Your Story.

**Personal** Write about your own cancer.

**Family & Friends** Write about your  
loved one's cancer.

Write 500–2,000 words about your cancer experience  
Contest Details/Forms: [www.cancersupportvvsb.org](http://www.cancersupportvvsb.org)

**Submissions must be received by midnight,  
Thursday, February 28, 2019**

**Awards ceremony: Sunday, April 14, 2019**

6 finalists (3 finalists in each category)  
will be invited to the ceremony.

### Prizes

in both categories

1st Place: \$1500

Includes 2 tickets to our  
Annual Gala on April 27  
at the Four Seasons Hotel.

2nd Place: \$1000

3rd Place: \$500

**Email your completed essay to:**  
[dearcanceritsme@gmail.com](mailto:dearcanceritsme@gmail.com)  
**or mail to:**

Cancer Support Community  
Valley/Ventura/Santa Barbara  
Attention: Nikki Amores  
530 Hampshire Road  
Westlake Village, CA 91361

Mailed entries must be received  
by February 28, 2019

805.379.4777  
[www.cancersupportvvsb.org](http://www.cancersupportvvsb.org)