



REPORT TO OUR COMMUNITY

2011 was a year of continued program growth and emphasis on cost effectiveness and resource development. We are very proud to report that TwcVv achieved a 15% increase in the number of people served without increasing our operating budget. We served more than 3,200 individuals through 17,649 visits representing more than 27,173 hours of service. TwcVv expanded offerings in Ventura County and in the San Fernando Valley. TwcVv continued providing service to Community Memorial Hospital's Cancer Resource Center in Ventura and St. John's Cancer Center in Oxnard. In collaboration with our hospital partners TwcVv expanded the cancer support services and cancer education offered in West Ventura County. More than 1,809 NEW PARTICIPANTS benefited from our services, which complement conventional treatment, enhance recovery and improve quality of life for people with cancer. All of our services are FREE OF CHARGE to people with cancer and their loved ones. The following programs and services were provided in 2011:

15 WEEKLY SUPPORT GROUPS

(Totaling 658 sessions)

Support groups for cancer patients and family members are facilitated by professional therapists who specialize in psychosocial oncology issues.

15 MONTHLY AND BI-MONTHLY GROUPS

(Totaling 182 sessions)

Special groups are designed for people with the same diagnosis and similar experiences, including breast cancer, prostate cancer, colorectal cancer, brain tumors and gynecological/ovarian cancer. Special concern groups include young adults, wellness alumni, parents of children with cancer, parents with cancer, bereavement and stage IV. These groups are facilitated by professional therapists, registered nurses and peers who specialize in psychosocial oncology issues.

22 STRESS MANAGEMENT/ EXERCISE CLASSES

(Totaling 838 sessions)

Mind/body classes such as yoga, Qigong and Relaxation and Guided Imagery aid in stress reduction, enable people with cancer to gain strength and stamina and promote a sense of well-being. Several stress reduction courses are offered at multiple locations. Other activities such as water color, quilting, knitting and writing help reduce stress.

34 EDUCATIONAL WORKSHOPS

Workshops are conducted by experts on a variety of topics such as nutrition, treatment advances and complementary therapies. Examples include: Spiritual Perspectives, Alexander Technique and Frankly Speaking About: New Discoveries in Cancer, Cancer Treatment, Advanced Breast Cancer, and Treatment Side Effects.

SPANISH LANGUAGE PROGRAMS

(Totaling 150 sessions)

These services target underserved, monolingual Spanish-speaking participants with any type of cancer, and are facilitated by bilingual, culturally fluent therapists. Programs offered at multiple locations include support groups, mind/body programs, social activities, peer support, one-to-one outreach to patients in oncology clinics, and annual Latina Women's Conference.

1 EDUCATIONAL SERIES

(Totaling 6 sessions)

Each educational series is held for 6-10 weeks to provide those affected with cancer and their caregivers in-depth strategies, tools and resources to cope with the experience of cancer and treatment. Facilitated by professional therapists and oncology experts. This year's series was Cancer Transitions.

83 KIDS CIRCLE MEETINGS

Weekly groups and special activities are held for children who have a parent or grandparent with cancer, enabling children to cope with the experience of a parent going through treatment and recovery. Family dinner and support groups for parents, children with cancer and siblings are held monthly. These activities are facilitated by professional therapists who specialize in psychosocial oncology and family issues.

32 SOCIAL ACTIVITIES FOR PARTICIPANTS AND FAMILIES

A variety of social activities are held throughout the year to foster community and mutual support for people with cancer and their loved ones. Examples are: National Cancer Survivors Day, Daniel's Day of Magic, Merv's Comedy Night and Homecoming.

INDIVIDUAL SUPPORT

(Totaling 2082 contacts)

This type of support includes individual, couples, and family short-term counseling; informal counseling; group preparation interviews; one-to-one outreach to cancer patients; orientation and referrals.

Pictured above: Chris Steele, a survivor of bladder cancer, with her daughter and granddaughter. Photo by Brandes Portraiture.

PROGRAM SPOTLIGHT

Kids Circle began in 1999 as a creative expression program designed for children ages 5-13 with a parent or grandparent with cancer. In the program, children participate in creative activities and speak about their hopes, fears, and frustrations. For example, children have talked about schoolmates teasing them about their mother's baldness. They know that their families are different. Participation in the program gives them a great sense of relief to be with other children who also have a parent with cancer. The program normalizes the experience and provides the children with the comfort of knowing that they are not alone. As one little boy exclaimed to his mother when first attending the program, "His mommy has cancer, too!" It reassures and comforts parents to know that TwcVv offers support, education and hope for their children and understands that they are not just cancer patients but parents whose children need special attention. In addition to the Westlake Village program, we offer bi-lingual Kids Circle programs in the West San Fernando Valley and Oxnard.

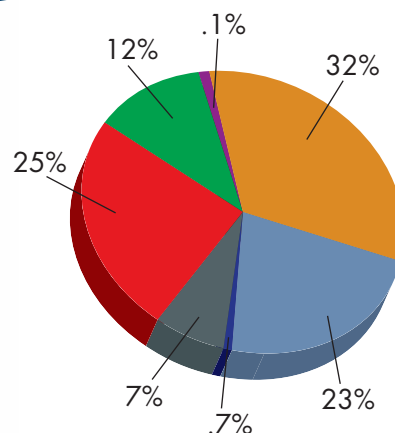


Bob Ferber, a survivor of chronic myeloid leukemia and a TwcVv participant spends an afternoon with the Kids Circle group and his two dogs. Photo by Judi Bumstead.

In 2010, Kids Circle was expanded to include children and teens with cancer and their siblings. A group for young adults with cancer was created in 2011. And, in collaboration with 5 other non-profit organizations, we began providing a monthly program for children and teens with cancer and their families in Ventura. The evening program provides a family dinner and three support groups: a group for parents and two groups for children based on age.

Since its inception, Kids Circle has served over 400 children affected by cancer and their families. Kids Circle is supported by individuals, corporations, and foundations that care about children, teens, and young adults who are facing one of the most frightening times of their young lives.

REVENUE



- Corporate—\$308,231
- Special Events (net)—\$241,620
- Foundation—\$228,923
- Gifts In Kind—\$120,459
- Individual—\$67,194
- Government—\$7,426
- Other—\$276

TOTAL INCOME

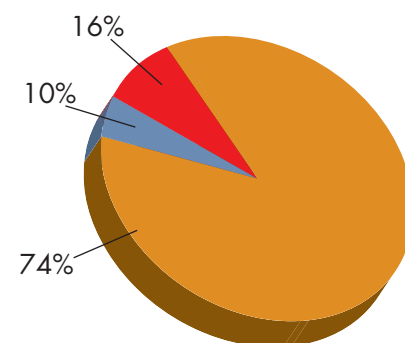
\$974,128.00

EXPENSES

- Program—\$732,413
- Development—\$164,787
- Management—\$93,506

TOTAL EXPENSE

\$990,706.00



Based on audited 2011 internal financial statements

The mission of TwcVv is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

THE WELLNESS COMMUNITY VALLEY/VENTURA

530 Hampshire Road, Westlake Village, CA 91361
805.379.4777 | Fax: 805.371.6231 | www.TwcVv.org

SATELLITE AND OFFSITE LOCATIONS:

8520 Winnetka Avenue, Winnetka, CA 91306 | 818.407.1695
On the campus of Our Redeemer Lutheran Church

Cancer Center of Ventura County, St. John's Regional Medical Center
1700 N. Rose Avenue Suite 145, Oxnard, CA, 93030 | 805.988.2641

Camarillo Health Care District, 3639 E. Las Posas Road, Suite 117
Camarillo, CA 93010 | 805.379.4777

Community Memorial Hospital Cancer Resource Center
2900 Loma Vista, Ventura, CA 93003 | 805.652.5459

Ventura County Medical Center, 3291 Loma Vista Road
Ventura, CA 93003 | 805.379.4777

Olive View-UCLA Medical Center, 14445 Olive View Drive
Sylmar, CA 91342 | 805.379.4777

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Due to limited space, we cannot list each individual here but are deeply grateful for your support.